

Thermage Care Instructions

Before Your Treatment

- Inform your provider if you are pregnant, have a pacemaker or defibrillator, or are on supplemental oxygen.
- Also inform your provider if you have any facial fillers/implants or have any metal plates/screws within the treatment area.

Day of Your Treatment

- Do not wear make-up or jewelry.
- For eye treatments only, please remove your contact lenses before your treatment and wear your glasses.
- Take Tylenol if needed for discomfort.
- Our clinic does provide nitrous oxide during your treatment for an additional charge. You and your provider will discuss this at your consultation.

After Your Treatment

- You may wash your face with soap and water.
- If desired, you may schedule a follow-up appointment in 3-6 months so that post treatment photos may be taken and results may be assessed.
- DO NOT expose yourself to excessive sun immediately following treatment (~1 week as your skin may be sensitive).

Questions/Concerns. Post-treatment healing varies from patient to patient. If you have any questions or concerns, please contact our office at 425-450-0880.